

planners now suggest a fairly aggressive investment approach even for those in their 50s. To make the most of your peak earning years as well as your "last chance" to invest for retirement, Mignone suggests "a welldiversified strategy." That means keeping the bulk in stocks, despite the volatile market, and the rest in real estate and high-yield bonds.

If your company's stock or options make up a big part of your portfolio, he suggests you diversify by selling some of the stock and exercising the options now. That can create some tax liability, but he thinks the reduced risk is worth the cost. "I hate to see anyone with more than 10% to 20% of their net worth in their company," he says.

Brent Kessel, a planner in Santa Monica, Calif., says you should become familiar with the rules of your pension plan. It's also good to begin setting up your estate plan. Start looking into long-term-care insurance, which gets costlier as you age. This is critical if you have a serious medical condition or if your family history suggests you may need extensive care later.

FIVE YEARS OUT. Do a reality check. Mignone runs the numbers on all his clients' assets and investments to get a fix on whether they're meeting their financial goals.

Haven't saved enough? "Don't do anything radical," such as invest in a hedge fund, says Sam Hull, a planner in Bedford, N.H. "The upside is great, but the downside is, too." It's more prudent to reduce expenses--or think about putting off retirement for a few years.

As part of this midcourse reality check, Buff has clients list their current expenses in three categories: fixed (mortgage payments); variable (utilities and food); and discretionary (entertainment and vacation). She factors in annual inflation of 3% and asks them whether each expense will rise, fall, or disappear when they retire. She also asks them to think of other costs they may incur in retirement, such as buying a home.

TWO YEARS OUT. Now focus on how to organize and tap your retirement income in the most convenient, cost-effective way. If you have a 401(k), you have three options: rolling the money into an IRA in a lump sum; taking the money as an annuity; or leaving the account with your employer, if that's allowed.

Two Years Out Don't be too conservative Assume annual inflation rate of at least 3% in your plan Consolidate assets into one account

Five Years Out

lifestyle and estimate costs

Search for "forgotten" assets such as pensions

Envision retirement

Stay on track with reality checks

Revisit your assumptions about your pension and Social Security benefits. In the course of the past eight years, changes, such as a promotion, could have drastically altered your benefits. You may also want to pin down exactly what your Social Security payouts would be given the specific date you retire. Learn all the rules that apply to tapping your employment benefits.

Start consolidating your assets. Even if you have several mutual funds and IRAs, many brokerages can provide you with basically the same investments in one account. This makes record-keeping easier and simplifies monitoring of your assets and spending.

-- ONE YEAR OUT. Fix a retirement date and begin implementing your decisions. Your checklist should include a system for withdrawing from your retirement accounts. . Create cash/liquid fund to cover Arrange to have enough cash to pay expenses for a year so you're not forced to sell securities if the market falls. Going on Social Security? Apply for benefits six months ahead of your retirement date. If you haven't done so, begin



- expenses for first year or two
- Create payout plan to assure needed
- income and preserve principal

looking for affordable health insurance.

Anxieties may build as you count down to retirement. Just remember that if you prepare well, a golf green is waiting at the end.